

W E E K L Y S P E C I A L !

週替わり!

Please ask our staff about our weekly
special Bentô

R A M E N

„Tantan Men“

ラーメン

slightly spicy ramen soup with miso and sesame:

- Minced pork, various vegetables & egg 27
- vegetarian, with various vegetables & egg 26

L U N C H S A L A D S

サラダ

Yakiniku Salad (warm) 29

Thin, marinated beef slices (CH) on lettuce.
Served with miso soup.

Salmon Teriyaki Salad (warm) 29

Fried salmon with teriyaki sauce on lettuce.
Served with miso soup.

Chicken Teriyaki Salad (warm) 28

Fried chicken (CH) with teriyaki sauce on lettuce.
Served with miso soup.

Chicken Karaage Salad (warm) 28

Marinated and deep fried chicken bites with house sauce on lettuce.
Served with miso soup.

LUNCH MENU

弁当 — LUNCH BENTÔ - BOX

- | | |
|---|-------------|
| Bentô-Box „Yakiniku“ | 31.5 |
| Bentô box with rib eye beef slices, marinated and fried, 4 inside-out rolls, sashimi & salad. Served with rice & miso soup. | |
| Bentô-Box „Fried Salmon Teriyaki“ | 31.5 |
| Bentô box with fried salmon in teriyaki sauce, two kinds of fried dishes, sashimi & salad. Served with rice & miso soup. | |
| Bentô-Box „Chicken Teriyaki“ | 30.5 |
| Bentô box with chicken teriyaki, two kinds of fried food, sashimi & salad. Served with rice & miso soup. | |
| Bentô-Box „Chicken Karaage“ | 30.5 |
| Bentô box with fried chicken nuggets, two kinds of fried foods, sashimi & salad. Served with rice & miso soup. | |

YU - AN BOWLS (DONBURI) 丼

- | | |
|---|-----------|
| Yakiniku Don | 29 |
| Rib eye beef slices, marinated and fried on rice or salad. Served with a salad or a homemade miso soup.
(extra onsen egg: 3.-) | |
| Salmon Teriyaki Don | 29 |
| Fried salmon with teriyaki sauce on rice or on a salad. Served with a salad or a homemade miso soup. | |
| Chicken Teriyaki Don | 28 |
| Fried chicken with teriyaki sauce on rice or salad. Served with a salad or a homemade miso soup. | |
| Chicken Karaage Don | 28 |
| Marinated and deep fried chicken bites with house sauce on rice or salad. Served with a salad or a homemade miso soup. | |
| Una Don | 37 |
| Grilled freshwater eel with teriyaki sauce and Japanese rice. Served with salad or miso soup. | |

ポケ

POKÉ BOWLS

Yu-An Poké	29
with raw salmon, tuna or "mix" (thuna, salmon & kingfish), avocado, cucumber, Yu-An marinade, onsen egg on sushi rice	
Yu-An Poké Salat	29
with raw salmon, tuna or "mix" (thuna, salmon & kingfish), avocado, cucumber, Yu-An marinade, onsen egg on lettuce	

SUSHI & SASHIMI

寿司

Sushi Set	30
<u>Nigiri</u> : 2 salmon, 2 tuna, 1 kingfish, 1 shrimp	
<u>Inside Out Rolls</u> : 4 California, 4 Salmon/Avocado	
Maki Set	27
<u>Inside Out</u> : 8 California, 4 Salmon/Avocado	
<u>Hoso Maki (thin rolls)</u> : 6 Tekka Maki (Thuna)	
Sashimi Set	34
<u>Sashimi</u> : 3 salmon, 3 tuna, 3 kingfish, 1 calamari, 1 shrimp, 2 sweet shrimp; served with rice & miso soup	
Sushi & Sashimi Set	32
<u>Sashimi</u> : 2 tuna, 2 salmon, 1 kingfish <u>Nigiri</u> : 2 tuna, 2 salmon	
<u>Inside Out</u> : 4 California, 4 Salmon/Avocado	

INSIDE-OUT ROLLS

Salmon Aburi Rolls (8 Stk.)	28
with raw salmon, cucumber, ginger, shiso and flambéed salmon	
Spicy Thuna Crunch Rolls (8 Stk.)	27
Spicy tuna tartare, cucumber, avocado and deep fried tempura flakes	

.. and many others. Please ask.

裏巻き

VEGETARIAN ✓

Bentô-Box vegetarian	28
Bentô box with vegetable tempura, tofu "Ankake", vegetarian sushi rolls & salad.	
VEGI Sushi Set	26
Sushi assortment of different vegetarian sushi.	
VEGI Poké	26
beetroot, avocado, cucumber, fried tofu, sliced tofu pockets (Inari), cherry tomatoes; on sushi rice or salad.	

ベギ

APPETIZERS & EXTRAS

Edamame ✓	7.5
Cooked soybeans, salted	
„Ohitashi“ with spinach ✓	9.5
Spinach dipped in house sauce (soy sauce & vegetable stock)	
„Gomaae“ with Coco beans ✓	9.5
Blanched coco beans with sesame sauce	
Kaisou salad ✓	12
Seaweed Salad	
Sashimi extra	16
Small portion of sashimi with tuna, salmon & kingfish	
Inside out rolls extra (4 pcs.)	8
4 pieces of California rolls or salmon and avocado rolls	
Tempura prawns extra (2 pcs.)	13
2 fried shrimps with sauce	
Chicken karaage extra (4 pcs.)	12
4 marinated & fried chicken nuggets	
Vegetarian tempura ✓	16.5
Various market vegetables fried in tempura batter	
Tôfu & avocado salad (small) ✓	12
Blattsalat & Tôfu an hausgemachter Sesamsauce	

D R I N K S

Cold, unsweetened green tea	3dl/ 5dl	5/7
Mugi Cha (cold, unsweetened barley tea)	3dl/ 5dl	5/7
Coca Cola, Coca Cola Zero, Citro, Apfelschorle, Ice-T, Tonic Water	3.3dl	5.5
Ramune (Japanese soft drink)	2dl	6
Yuzu Urban Lemonade	3.3dl	7
Mineral water with / without gas	5dl/ 10dl	6.5/9.5
Tea in the pot*		5.5
Fresh ginger tea, green tea, genmai-cha, hoji-cha, jasmine tea (*1x refill)		
Tea in a glass		5
Black tea, peppermint, chamomile, verbena		
Amboss Beer (Zürich)	3.3dl	6
Amboss Blond, Amboss Amber		
Amboss Wheat Beer (Zürich)	5dl	9.5
Asahi, Sapporo, Kirin Beer (Japan)	3.3dl	7.5
Hitachino Beer „red rice“/„white ale“ (Japan)	3.3dl	8.5
Rising Sun Pale Ale Beer (Japan)	3.3dl	9.5
Kirin 0.0% (Alcohol-free)	3.3dl	7
Appenzeller Panaché Naturtrüb 2,5%	3.3dl	5.5
<u>Aperitifs, sake, wine, prosecco, spirits:</u>		
"Please ask for the separate card."		
Coffee, espresso, decaffeinated coffee		4.5

Allergens and intolerances:

We're happy to provide information

Meat declaration:

Poultry and meat come from Swiss production

Fish (MSC-certified):

Thuna: Maldives/Philippines, Salmon: Scotland, Kingfish: Australia/Japan

Saturday's Sushi Lunch

Sushi * Sashimi * Rolls * Bowls

every Saturday

12:00 - 14:30
(14:00 last order)

Enjoy fresh Sushi, made with love!



RESERVE YOUR SEAT!

MENÜ

SASHIMI MIX

15 - 38.5

VERSCHIEDENE SASHIMI ASSORTIMENTS, KLEIN ODER GROSS - (FRAGEN SIE BITTE NACH)

SUSHI & SASHIMI MIX

34

GEMISCHTER TELLER AUS NIGIRI, MAKI UND SASHIMI (GEMISCHTE FISCHE)

SALMON LOVER

34

GEMISCHTER TELLER AUS NIGIRI, MAKI UND SASHIMI (ALLES LACHS)

VEGI SUSHI MIX

26

ASSORTIMENT AUS INARI UND VEGETARISCHEN MAKI & INSIDE-OUT ROLLEN



YU-AN POKÉ

29

MARINIERTER FISCH (LACHS UND/ ODER THUNA), GURKEN, AVOCADO, FRÜHLINGSZWIEBELN & ONSEN-EI AUF SUSHI REIS

SPICY THUNA CRUNCH (4 STK.)

16

MIT SPICY THUNA TARTAR, GURKEN, AVOCADO, TOBIKKO UND FRITTIERTEN TEMPURAFLOCKEN

SALMON AVOCADO ABURI ROLLS (4 STK.)

16

MIT ROHEM LACHS, AVOCADO, GURKEN, INGWER, SHISO BLÄTTER, FLAMBIERTEM LACHS, KEWPIE MAYO, FRÜHLINGSZWIEBELN, SESAM, TERIYAKI SAUCE

HOSO MAKI:

7 - 12

DÜNNE ROLLEN MIT GURKEN, AVOCADO, EINGELEGTER RETTICH, LACHS, THUNA, KANPYÔ, AAL, ETC...



**Enjoy fresh Sushi,
made with love!**



RAMEN MONDAY!

JEDEN MONTAG

JETZT AUCH
ABENDS GEÖFFNET

WIR SERVIEREN EXKLUSIV UNSERE
BELIEBTE TANTAN MEN!

11:30 - 13:30 (LAST ORDER)
18:00 - 20:30 (LAST ORDER)

ALLES CHF 24.-

(SPEZIALPREIS AM MONTAG)

RAMEN MONDAY

Tantan Men:

Leicht scharfe Ramen Suppe auf Miso-Sesam Basis
mit Ramen-Ei, Pak Choi & Frühlingszwiebeln

- „Classic“ – mit Schweinehackfleisch
- „Chicken Karaage“ – mit frittierten Poulethäppchen
- „Vegi“ – mit frittiertem Tôfu

Extras:

- extra scharf 0.-
- Edamame 8.-
- Chicken Karaage 4 Stk. 12.-
- extra Schweinehackfleisch 5.-
- extra Ramen-Nudeln 5.-
- extra Ramen-Ei 3.-



24.-