

# W E E K L Y   S P E C I A L !

週替わり!

SORRY,

NO WEEKLY SPECIAL MENU THIS WEEK

## R A M E N

ラーメン

SORRY,

NO RAMEN THIS WEEK

## L U N C H   S A L A D S

サラダ

### Yakiniku Salad (warm)

29

Thin, marinated beef slices (CH) on lettuce.  
Served with miso soup.

### Salmon Teriyaki Salad (warm)

29

Fried salmon with teriyaki sauce on lettuce.  
Served with miso soup.

### Chicken Teriyaki Salad (warm)

28

Fried chicken (CH) with teriyaki sauce on lettuce.  
Served with miso soup.

### Chicken Karaage Salad (warm)

28

Marinated and deep fried chicken bites with house sauce on lettuce.  
Served with miso soup.

# LUNCH MENU

## 弁当 — LUNCH BENTÔ-BOX —

**Bentô-Box „Yakiniku”** 31.5

Bentô box with rib eye beef slices, marinated and fried, 4 inside-out rolls, sashimi & salad. Served with rice & miso soup.

**Bentô-Box „Fried Salmon Teriyaki”** 31.5

Bentô box with fried salmon in teriyaki sauce, two kinds of fried dishes, sashimi & salad. Served with rice & miso soup.

**Bentô-Box „Chicken Teriyaki”** 30.5

Bentô box with chicken teriyaki, two kinds of fried food, sashimi & salad. Served with rice & miso soup.

**Bentô-Box „Chicken Karaage”** 30.5

Bentô box with fried chicken nuggets, two kinds of fried foods, sashimi & salad. Served with rice & miso soup.

## YU - AN BOWLS (DONBURI)丼 —

**Yakiniku Don** 29

Rib eye beef slices, marinated and fried on rice or salad.  
Served with a salad or a homemade miso soup.

(extra onsen egg: 3.-)

**Salmon Teriyaki Don** 29

Fried salmon with teriyaki sauce on rice or on a salad.  
Served with a salad or a homemade miso soup.

**Chicken Teriyaki Don** 28

Fried chicken with teriyaki sauce on rice or salad. Served with a salad or a homemade miso soup.

**Chicken Karaage Don** 28

Marinated and deep fried chicken bites with house sauce on rice or salad.  
Served with a salad or a homemade miso soup.

**Una Don** 37

Grilled freshwater eel with teriyaki sauce and Japanese rice.  
Served with salad or miso soup.

## ポケ

## POKÉ BOWLS

### Yu-An Poké

29

with raw salmon, tuna or "mix" (thuna, salmon & kingfish), avocado, cucumber, Yu-An marinade, onsen egg on sushi rice

### Yu-An Poké Salat

29

with raw salmon, tuna or "mix" (thuna, salmon & kingfish), avocado, cucumber, Yu-An marinade, onsen egg on lettuce

## SUSHI & SASHIMI

寿司

### Sushi Set

30

Nigiri: 2 salmon, 2 tuna, 1 kingfish, 1 shrimp

Inside Out Rolls: 4 California, 4 Salmon/Avocado

### Maki Set

27

Inside Out: 8 California, 4 Salmon/Avocado

Hoso Maki (thin rolls): 6 Tekka Maki (Thuna)

### Sashimi Set

34

Sashimi: 3 salmon, 3 tuna, 3 kingfish, 1 calamari, 1 shrimp, 2 sweet shrimp; served with rice & miso soup

### Sushi & Sashimi Set

32

Sashimi: 2 tuna, 2 salmon, 1 kingfish Nigiri: 2 tuna, 2 salmon

Inside Out: 4 California, 4 Salmon/Avocado

## INSIDE-OUT ROLLS

### Salmon Aburi Rolls (8 Stk.)

28

with raw salmon, cucumber, ginger, shiso and flambéed salmon

### Spicy Thuna Crunch Rolls (8 Stk.)

27

Spicy tuna tartare, cucumber, avocado and deep fried tempura flakes

.. and many others. Please ask.

裏巻き

## VEGETARIAN ✓

Bentô-Box vegetarian	28
Bentô box with vegetable tempura, tofu "Ankake", vegetarian sushi rolls & salad.	
VEGI Sushi Set	26
Sushi assortment of different vegetarian sushi.	
VEGI Poké	26
beetroot, avocado, cucumber, fried tofu, sliced tofu pockets (Inari), cherry tomatoes; on sushi rice or salad.	

ベギ

## APPETIZERS & EXTRAS

Edamame ✓	7.5
Cooked soybeans, salted	
„Ohitashi“ with spinach ✓	9.5
Spinach dipped in house sauce (soy sauce & vegetable stock)	
„Gomaae“ with Coco beans ✓	9.5
Blanched coco beans with sesame sauce	
Kaisou salad ✓	12
Seaweed Salad	
Sashimi extra	16
Small portion of sashimi with tuna, salmon & kingfish	
Inside out rolls extra (4 pcs.)	8
4 pieces of California rolls or salmon and avocado rolls	
Tempura prawns extra (2 pcs.)	13
2 fried shrimps with sauce	
Chicken karaage extra (4 pcs.)	12
4 marinated & fried chicken nuggets	
Vegetarian tempura ✓	16.5
Various market vegetables fried in tempura batter	
Tôfu & avocado salad (small) ✓	12
Blattsalat & Tôfu an hausgemachter Sesamsauce	

## D R I N K S

Cold, unsweetened green tea 3dl/ 5dl	5/6.5
Mugi Cha (cold, unsweetened barley tea) 3dl/ 5dl	5/6.5
Mineral 3dl	5
Coca Cola, Coca Cola Zero, Apfelschorle, Ice-T (offen), Citro, Tonic Water	
Ramune (Japanese lemonade) 2dl	6
Mineral 5 dl	6.5
Appenzeller silent, Appenzeller carbonated	
Tea in the pot*	5.5
Green tea, Genmai-cha, Hôji-cha, Jasmin tea (*1x refill for free)	
Tea in the glas	5
Black tea, Peppermint tea, Chamomile, Fresh ginger tea (5.5)	
Amboss beer (ZH)	6
Amboss Blond, Amboss Amber	
Amboss Weizen Bier 5 dl (ZH)	9.5
Asahi (Japan)	7.5
Sapporo (Japan)	7.5
Kirin (Japan)	7.5
Hitachino „red rice“ / „white ale“ (Japan)	8.5
Rising Sun Pale Ale (Japan)	9.5
Appenzeller Panaché Naturtrüb 2,5%	5.5
Appenzeller Sonnwendig (Alkoholfrei)	5.5
<u>Apero, sake, wine, prosecco, spirits:</u>	
„Please ask for the separate menu card“	
Coffee, espresso, decaffeinated Coffee	4.5

Allergens and intolerances:

We're happy to provide information

Meat declaration:

Poultry and meat come from Swiss production

Fish (MSC-certified):

Thuna: Maldives/Philippines, Salmon: Scotland, Kingfish: Australia/Japan